Benefit	VIVAS Health 'we plan' level 2	BUPA Ireland Essential Plus	VHI Plan B
More choice	Customised plans to suit your needs	Less choice	Less choice

Treatment outside Ireland				
Have your treatment abroad in a country of your choice	We will cover you for the amount we would have paid for the treatment here in Ireland	Not available	Not available	
Treatment n/a in Ireland	Cover for new & emerging procedures abroad where not available here in Ireland	Cover in the UK hospitals only	Cover is available in exceptional circumstances & on an ad hoc basis	
a & e abroad	Up to €100,000 for emergency in patient hospital treatment	Up to €55,000 for emergency in patient hospital treatment	Up to €65,000 for emergency in patient hospital treatment	

Hospital treatment & accommodation in Ireland				
No. of hospitals & treatment centres	s 122 96 108			
Hospital accommodation:				
Public Hospitals	Full cover in a private room	Full cover in private room	Full cover in private room	
Private hospitals	Full cover in a semi-private	Full cover in semi-private room	Full cover in semi-private	
	room		room	
In patient excess in private hospitals	None	*€80 in private hospitals on	None	
		excess plan – does not apply here		
Participating consultants	Full cover	Full cover	Full cover	
Listed cardiac procedures (high-tech)	Full cover	Full cover	90% cover	
Listed special procedures (high-tech)	90% cover	€220.50 shortfall per night	90% cover	
Day case				
Public hospitals	Full cover in public, private &	Full cover in public	Full cover in public, private &	
Private hospitals	high-tech hospitals		high-tech hospitals	
High-tech hospitals				
Stress related & psychiatric cover	Comprehensive cover for	Cover for stress related	Cover for stress related	
	stress related conditions including 180 days cover for in patient psychiatric treatment	conditions including 100 days cover for in patient psychiatric treatment. St. John of God Hospital not covered	conditions including 180 days cover for in patient psychiatric treatment.	
Scans:				
Best cover on the market for scans	Full cover in more approved centres	Cover in limited approved centres	Cover in limited approved centres	
Full cover for MRI scans referred by G.P's	Yes	In limited approved centres	In limited approved centres	
СТ	- 7 centres	- 4 centre	- I centre	
MRI	- 28 centres	- 6 centres	- 10 centres	
PET	- 6 centres	- 2 centre	- 2 centres	

Maternity costs			
Public hospital accommodation	Full cover (up to 3 nights)	Full cover (up to 3 nights)	Full cover (up to 3 nights)
Private hospital accommodation	Grant up to €3,100	Grant up to €3,100	Grant up to €2,900
Home birth grant	Up to €3,100 for homebirth	Up to €3,100 for homebirth	Grant up to €2,900
Post natal home help (PNHH)	Up to 3 days/€300 available	Not available	Not available
Doula Ireland	€200 discount for members €300 contribution if not accessing PNHH	Not available	Not available
Pre/post natal maternity benefit	Up to €400 allowed – guaranteed a refund as subject to lower out patient excess	Up to €400 allowed – subject to out patient excess	Up to €255 allowed – subject to out patient excess
Newborns premium	Free until next renewal	Free until next renewal	Free until next renewal

Nursing care					
No. of convalescence homes 425 374 136					
Convalescence	€50 a day for up to 14	€55 a day for up to 14	€51 a day for up to 14		
	consecutive days	consecutive days	consecutive days		

Innovative Benefits offered by VIVAS Health				
Laser eye Surgery	€1000 contribution towards Optilase Wavefront procedure	Not available	Not available	
Teeth Whitening in approved centre with free initial	- In clinic treatment - €250 contribution - Home care kit - €75 cont.	Not available	Not available	
consultation	- In clinic treatment & home care kit - €250 contribution	Not available	Not available	
		-Not available	Not available	
Veneers in approved centre with free initial consultation	€500 contribution towards in clinic treatment	Not available	Not available	
Free Kids membership to Jackie Skelly Fitness Centres	-Children from 3 – 15 years have 7 day access to leisure centre, swimming classes & summer camps - Kids aged between 10 -15 years also have access to the gym and exercise programs during children's hours	Not available	Not available	
Allen Carr's Easyway To Stop Smoking	€100 contribution to clinic – full cost is €295	Not available	Not available	
Health screens	-€35 contribution to female screen with cervical smear -€75 contribution to female screen with cervical smear	Up to €30 a year for screening for cervical	Not available	
Preferred Providers - Tara	& DEXA	cancer		
Healthcare & Charter Medical	-€35 contribution to male screen with PSA	Up to €20 for blood tests		
Group	- €75 contribution to male screen with PSA & DEXA - €140 contribution to Executive Health screen - €180 contribution to Executive Health screen & DEXA	for prostate cancer €50 a year for GP health check		

Out patient benefits				
Out patient excess	Individual excess €150	Individual excess €220	Individual excess €310	
	Family €250	Family €440	Family excess €500	
Consultant fees	Up to €55 per visit	Up to €51 per visit	Up to €39 per visit	
Pathology tests	Full cost allowed	Full cost allowed	Full cost allowed	
Pathology consultants	Up to €20 per referral	Full cost allowed	Up to €20 per referral	
Psycho-oncology counseling	Up to €40 per visit for 5 visits	Not available	Not available	
Radiology	Full cost allowed	Full cost allowed	Full cost allowed	
Scans – non approved treatment	MRI – up to €350 allowed subject to out	MRI - full cost allowed	MRI - amount varies	
centres for scans	patient excess	subject to out patient excess	from centre to centre	
	CT scan – up to €200 allowed subject to out	CT - full cost allowed	CT - amount allowed	
	patient excess	subject to out patient excess	per schedule of	
			benefits	
Home nursing	Up to €40 a day for up to 20 consecutive days	Up to €40 a day for up to 40	Up to €20 a day for up	
		consecutive days	to 42 consecutive days	
Manual Lymph Drainage	Up to €40 per visit for 5 visits	Up to €500	Not available	
Emergency dental	Up to €450	Up to €510	Up to €320	
Pre/post maternity benefit	Up to €400	Up to €400	Up to €255	
Note:	Some other day-to-day medical expenses not	Some other day-to-day	Some other day-to-	
	mentioned above are covered on our day-to-	medical expenses not	day medical expenses	
	day plans	mentioned above are subject	not mentioned above	
		to the out patient excess	are subject to the out	
			patient excess	

For further information on any benefits offered by VIVAS Health log on to www.vivashealth.ie

Premiums Pre			
Adult	€503.00	€524.83	€612.60
Ist child	€230.50	€187.36	€222.97
2 nd & 3 rd child	€184.00	€187.36	€222.97
4th & sub children	Free	Free	Free
Student	At the child rate up to age 23	€187.36up to age 21	€222.97 Up to age 21
Family*	€1,604.50	€1,611.74	€1894.11

Rates quoted are net of tax relief at source at the standard rate and include the 10% group discount.* In this case we have assumed 2 adults, I student and 2 children.

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